

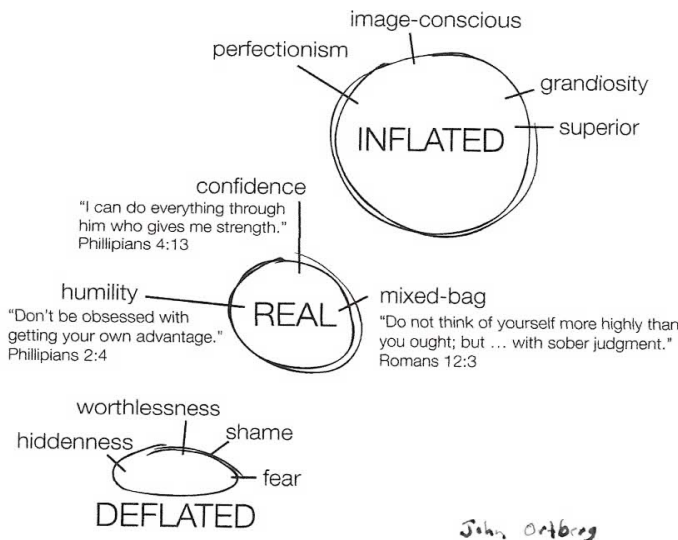
## Fighting For The Better You

**Q:** What is GOD'S Responsibility & What is YOUR Responsibility?

### READ:

#### **Romans 12:3-5**

<sup>3</sup> Because of the privilege and authority God has given me, I give each of you this warning: Don't think you are better than you really are. Be honest in your evaluation of yourselves, measuring yourselves by the faith God has given us. <sup>4</sup> Just as our bodies have many parts and each part has a special function, <sup>5</sup> so it is with Christ's body. We are many parts of one body, and we all belong to each other.



#### Philippians 4:4-9 (NLT)

<sup>4</sup> Always be full of joy in the Lord. I say it again—rejoice! <sup>5</sup> Let everyone see that you are considerate in all you do. Remember, the Lord is coming soon.

<sup>6</sup> Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

<sup>7</sup> Then you will experience God's peace, which exceeds anything we can understand.

His peace will guard your hearts and minds as you live in Christ Jesus.

<sup>8</sup> And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable.

Think about things that are excellent and worthy of praise.

<sup>9</sup> Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing.

Then the God of peace will be with you.



**REFLECT:** What do you fix your thoughts on?

What are your thought patterns?

**Character Traits** Which 3 best describe you?

Ask 2-3 other people to pick out three that describe you.

**Grateful Curious Stubborn Defensive Hopeful Angry**

**Preoccupied Passive Determined Dissatisfied Anxious**

**Engaged Creative Courageous Helpful Joyful Kind**

**Overly Busy Loyal Loving Patient Self-controlled**

#### Romans 12:6-9

<sup>6</sup> In his grace, God has given us different gifts for doing certain things well. So if God has given you the ability to prophesy, speak out with as much faith as God has given you. <sup>7</sup> If your gift is serving others, serve them well. If you are a teacher, teach well. <sup>8</sup> If your gift is to encourage others, be encouraging. If it is giving, give generously. If God has given you leadership ability, take the responsibility seriously. And if you have a gift for showing kindness to others, do it gladly.

**REMEMBER:** Your thoughts – lead to action – lead to habits – that become the quality & character of your life!

#### **RESPOND: Serenity Prayer**

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference. Living one day at a time; enjoying one moment at a time; accepting hardships as the pathway to peace; taking, as He did, this sinful world as it is, not as I would have it; trusting that He will make all things right if I surrender to His Will; that I may be reasonably happy in this life and supremely happy with Him forever in the next. Amen.