

<p>The Nine Enneagram Personality Types</p>	<p>What We Must Die To in Order for Christ to Become Our Source of Value & Self-Worth</p>	<p>Four: The Romantic/ Individualist (The Need to Be Special). Fours are motivated by the need to understand their feelings on a deep level and establish warm connections with others. They have active imaginations and creativity. They are on a constant search for the meaning of life and want to avoid appearing ordinary.</p>	<p>Die to your need to be extraordinary. Beware of the tendency to be envious or to fall into self-hatred, shame, or self-absorption. Be a thinker, and do not be entirely run by your feelings. Relax and enjoy the moment. You are the unique, beautiful, and beloved child of God, completely accepted by Him.</p>
<p>One: The Perfectionist/Reformer (The Need to Be Right). Ones are motivated by the need to live life the right way, to improve themselves and others, and to avoid anger. They are self-disciplined, work hard, and are responsible. They are conscious of duty, order, and improvement of the world.</p>	<p>Die to perfectionism. With Christ as your source, you don't have to be perfect or always be right. You can forgive yourself and others for mistakes. It is okay to relax and enjoy yourself. You are worthy to ask for what you want and need. Be careful not to become harsh or judgmental when others don't meet your expectation.</p>	<p>Five: The Observer/ Investigator (The Need to Know). Fives are motivated by the need to know everything and understand the universe, giving them a sense of security. They avoid being dependent on others, preferring to remain emotionally disengaged.</p>	<p>Die to receiving approval from others to the fear of the unknown. You can trust God is unchangeable and dependable. Be careful of being rigid, judgmental, defensive, and controlling. Develop a warm, intimate relationship with Jesus Christ and with those around you.</p>
<p>Two: The Giver/Helper (The Need to Be Needed). Twos are motivated by the need to be loved and appreciated and to avoid being seen as needy. They are generous, warm, and caring. But they have a hard time saying no and rarely do things for themselves for fear of being selfish.</p>	<p>Die to your need to rescue others. It is God's work, not yours, to save the world. Die to your need for others to validate you and say you are "okay". Die to pride in thinking that you are indispensable. Be careful not to lose yourself in taking care of others. Be aware of the temptation of manipulation or possessiveness toward others.</p>	<p>Six: The Dutiful/Loyalist (The Need for Security & Certainty). Sixes are motivated by the need for security, order, and certainty. They like to receive approval and be taken care of. They are very loyal and want to avoid being seen as rebellious.</p>	<p>Die to receiving approval from others and to the fear of the unknown. You can trust our God who is unchangeable and dependable. Be careful of being rigid, judgmental, defensive, and controlling. Develop a warm, intimate relationship with Jesus Christ and with those around you.</p>
<p>Three: The Achiever/Performer (The Need to Succeed). Threes are motivated by the need to be productive, to achieve success, and to avoid failure. They are giving, responsible, and well-regarded by others. They are competent and hard working, goal-oriented, and good providers.</p>	<p>Die to the need to draw your sense of life and worth from your successes and your fear of making mistakes. Embrace God's rhythms or rest along with your work. Spend time hanging out with friends and family. Be aware of high expectations turning into unhealthy and unloving behavior. Because of Jesus love, you can risk being vulnerable and weak.</p>		

"But I do know we're deficient in some way. We are too involved in materialistic things, and they don't satisfy us. The loving relationship we have, the universe around us, we take these things for granted.

Mitch Albom, Tuesdays with Morn

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Seven: The Adventurer/Enthusiast (The Need to Enjoy Life). Sevens are motivated by the need to be happy and enjoy life. Enthusiasm, idealism, optimism, and joy radiate from them as they seek to contribute to the world. They seek to avoid suffering and pain

Eight: The Asserter/Challenger (The Need to Be Against). Eights are motivated by the need to be against something, standing up for truth and justice. At times, they seek or create conflict. They are self-reliant and strong, desiring to make an impact on the world. They avoid appearing weak.

Nine: The Peacemaker (The to Need to Avoid). Nines are motivated by the need to keep the peace and to avoid conflict. They like to stay in the background and not be anything special. They are easygoing and don't draw attention to themselves.

What We Must Die To in Order for Christ to Become Our Source of Value & Self-Worth

Die to your avoidance of suffering, pain, and loss. Embracing loss is an integral part of the journey with Christ. Accept that life is hard as well as beautiful and that our joys are often sobered by sadness. Remember "there is a time for everything... a time to weep and a time to laugh." Your worth and value are in Christ alone, not in feeling happy

Die to your self-reliance and the need to appear powerful and strong. Embrace weakness and vulnerability, especially the aspects of yourself that are soft and tender. Work on becoming safe and approachable for others. Loving relationships are more important than winning debates or arguments.

Die to appeasing and giving in to others. Remember Christ disrupted false peace to bring true peace. Express your opinions and feelings. You have been given a life with talents and gifts that are important to give away. Because Jesus is your source and security, you can step out and act boldly and decisively.



How Do I Move From Stressed-Out to Satisfied?



READ: [Ecclesiastes 3:1-11](#)

There is a time for everything,
and a season for every activity under the heavens:
2 a time to be born and a time to die,
a time to plant and a time to uproot,
3 a time to kill and a time to heal,
a time to tear down and a time to build,
4 a time to weep and a time to laugh,
a time to mourn and a time to dance,
5 a time to scatter stones and a time to gather them,
a time to embrace and a time to refrain from embracing,
6 a time to search and a time to give up,
a time to keep and a time to throw away,
7 a time to tear and a time to mend,
a time to be silent and a time to speak,
8 a time to love and a time to hate,
a time for war and a time for peace.

⁹ What do workers gain from their toil? ¹⁰ I have seen the burden God has laid on the human race. ¹¹ He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end.

Key questions to ask yourself...

1. When did I feel most alive this past week?

2. When did I feel the most life draining out of me?