

Recovery Series:
Developing Habits that Heal

June 30, 2013

Taking Inventory



"The work of restoration cannot begin until a problem is fully faced."
Dan B. Allender, *The Wounded Heart*

Step 4 of Life Recovery... *We make a searching and fearless moral inventory of ourselves.*

2 Samuel 11 & 12 is our text for today

CRUCIAL Question #1: Take a moment to stop and ask yourself the HALT questions.

Am I...

H _____

A _____

L _____

T _____

Crucial Question #2: Is there anything I am doing that is causing problems and pain in my life and in others?

Crucial Question #3: Am I building trusting relationships with specific people that can speak God's truth in love because they want the best for me?

Key Verse in making a fearless moral inventory of yourself...

Psalm 139:23-24 (NLT)

Search me, O God, and know my heart;
test me and know my anxious thoughts.

Point out anything in me that offends you,
and lead me along the path of everlasting life.

2 Samuel 11 & 12 (key verses)

In the spring of the year, when kings normally go out to war, David sent Joab and the Israelite army to fight the Ammonites. They destroyed the Ammonite army and laid siege to the city of Rabbah. However, David stayed behind in Jerusalem.² Late one afternoon, after his midday rest, David got out of bed and was walking on the roof of the palace. As he looked out over the city, he noticed a woman of unusual beauty taking a bath.³ He sent someone to find out who she was, and he was told, "She is Bathsheba, the daughter of Eliam and the wife of Uriah the Hittite."⁴ Then David sent messengers to get her; and when she came to the palace, he slept with her.⁵ Later, when Bathsheba discovered that she was pregnant, she sent David a message, saying, "I'm pregnant."

¹⁷ *And when the enemy soldiers came out of the city to fight, Uriah the Hittite was killed along with several other Israelite soldiers...*

²⁶ *When Uriah's wife heard that her husband was dead, she mourned for him.*

²⁷ *When the period of mourning was over, David sent for her and brought her to the palace, and she became one of his wives. Then she gave birth to a son. But the LORD was displeased with what David had done.*

¹² *So the LORD sent Nathan the prophet to tell David this story: "There were two men in a certain town. One was rich, and one was poor.² The rich man owned a great many sheep and cattle.³ The poor man owned nothing but one little lamb he had bought. He raised that little lamb, and it grew up with his children. It ate from the man's own plate and drank from his cup. He cuddled it in his arms like a baby daughter.⁴ One day a guest arrived at the home of the rich man. But instead of killing an animal from his own flock or herd, he took the poor man's lamb and killed it and prepared it for his guest."*

⁵ *David was furious. "As surely as the LORD lives," he vowed, "any man who would do such a thing deserves to die!"⁶ He must repay four lambs to the poor man for the one he stole and for having no pity."⁷ Then Nathan said to David, "You are that man! The LORD, the God of Israel, says: I anointed you king of Israel and saved you from the power of Saul.⁸ I gave you your master's house and his wives and the kingdoms of Israel and Judah. And if that had not been enough, I would have given you much, much more.⁹ Why, then, have you despised the word of the LORD and done this horrible deed? For you have murdered Uriah the Hittite with the sword of the Ammonites and stolen his wife.¹⁰ From this time on, your family will live by the sword because you have despised me by taking Uriah's wife to be your own."¹¹ "This is what the LORD says: Because of what you have done, I will cause your own household to rebel against you. I will give your wives to another man before your very eyes, and he will go to bed with them in public view.¹² You did it secretly, but I will make this happen to you openly in the sight of all Israel."¹³ Then David confessed to Nathan, "I have sinned against the LORD."*

Nathan replied, "Yes, but the LORD has forgiven you, and you won't die for this sin.

¹⁴ *Nevertheless, because you have shown utter contempt for the LORD by doing this, your child will die."*